



Sat Sept 11 (9-11 am)	<p><b>Live Zoom meeting:</b> Program Introduction by Medical Director – Dr. Wayne Lai</p>
	<p>Program Orientation and Instructions</p>
<b>Week 1</b>	
	<p><b>Consists of Asynchronous lessons that need to be cover for the week</b></p>
Recorded Lessons	Role of sleep technologist PSG 109
	Strategies for coping with shift work PSG105
	Patient Orientation and Education PSG107
	Patient confidentiality/HIPPA PSG103
Sat Sept 18 (9-10 am)	<p><b>Live Zoom meeting: Q &amp; A period</b></p>
<b>WEEK 2</b>	
	<p><b>Consists of Asynchronous lessons that need to be cover for the week</b></p>
Recorded Lessons	Patient interview and assessment PSG108
	Infection Control/Patient safety PSG106
	Quality improvement PSG804
	Managing emergencies in the sleep lab PSG104
Sat Sept 25 (9-10 am)	<p><b>Live Zoom meeting: Q &amp; A period</b></p>
<b>WEEK 3</b>	
	<p><b>Consists of Asynchronous lessons and live virtual lectures</b></p>
Recorded Lesson	Sleep Definition and Function PSG101
	Overview of sleep disorder PSG102



	Seizures and sleep PSG404
	Parasomnia PSG403
Virtual Lecture {	Insomnia PSG407 - Vinicio Delgado
	Circadian Rhythm Sleep Disorder PSG408 - Dr. Wayne Lai
Sat Oct 2 (9-12 noon)	Live Zoom meeting: 2 Live lectures + Q & A period
<b>Week 4</b>	
	<b>Consists of Asynchronous lessons that need to be cover for the week</b>
Recorded Lessons {	Narcolepsy (hypersomnia) PSG405
	RLS and PLMD PSG401
	Other movement disorder PSG402
	Psychiatric and behavioral disorders PSG409
	Pharmacology PSG410
Virtual Lecture	Sleep related respiratory disorder PSG307 – Dr. Susan Kwan
Sat Oct 9 (9-11 am)	Guest Lecturer – Rodolfo Cebreros, Psychologist, PhD Candidate
<b>Week 5</b>	
	<b>Consists of Asynchronous lessons and live virtual lectures</b>
Recorded Lessons {	Oxygen & Carbon Dioxide PSG205 ( End title C02)
	Monitor Respiratory Effort PSG204 - Winsfield
	Monitoring Limb Movement PSG202 - Winsfield
	Monitor Air Flow PSG 203 - Winsfield
	Electrical activity of the Brain PSG302
Lecture {	10-20 system and electrode placement PSG201 - Winsfield Ling
	Poly Feature of Seizure PSG406 - Dr. Wayne Lai



Sat Oct 16 (9-12 noon)	Live Zoom meeting: 3 Live lectures + Q & A period
<b>Week 6</b>	
	<b>Consists of Asynchronous lessons and live virtual lectures</b>
Recorded Lesson	Pediatric Polysomnography PSG902
	Pediatric Sleep Disordered Breathing PSG903
	Other Pediatric Sleep Disorder PSG904
Virtual Lecture	Scoring Sleep Stages PSG301 – Chris Thomas
	Scoring Respiratory Event PSG602 – Chris Thomas
	Scoring PLMs and Arousal PSG601 – Chris Thomas
Sat Oct 23 (9-12 noon)	Live Zoom meeting: 3 Live lectures + Q & A period
<b>Week 7</b>	
	<b>Consists of Asynchronous lessons and live virtual lectures</b>
Recorded Lesson	Machine and Physiological Calibrations PSG 502
	MSLT and MWT PSG504
	HSAT PSG505
	Actigraphy PSG705
	Respiratory Sleep Physiology PSG306
	Anatomy and physiology of the upper airway PSG305
Virtual Lecture	Amplifier and Digital Instrumentation PSG501 - Winsfield
Sat Oct 30 (9-11 noon)	Guest lecturer: Khem Bahallo, MBA Case study review.
<b>Week 8</b>	
	<b>Consists of Asynchronous lessons</b>



Recorded Lesson	Overview of PAP therapy PSG603 -
	Performing CPAP therapy PSG701
	BiPAP and non-invasive ventilation PSG702
	Guideline for supplemental oxygen PSG703
	Alternative treatment for sleep apnea PSG706
Saturday Nov 6, (9-10)	Guest Lecturer = Dr. Telma dos Santos, Phd Speech Pathology
<b>Week 9</b>	
	<b>Consists of Asynchronous lessons</b>
Recorded Lesson	Artifact recognition and troubleshooting PSG604
	Cardiac Arrhythmia PSG503,
	The Cardiovascular System PSG303
	Basic Electrocardiography PSG304
	ECG Electrode Application Technique PSG110
	Desensitization PSG707
Recorded Lesson	Optimizing PAP Therapy PSG704
	Summarizing the PSG reports and Hypnogram PSG801 and PSG 802
	Understanding PAP download PSG803
Saturday Nov 13 (9-11)	Guest lecturer: Dr. Petr Polasek, (MD, FRCPC) is a cardiologist
	Guest lecturer: Dr. Cecilia Ng, (DMD, Dipl. ABDSM)
<b>Week 10</b>	
	Practice and Exam Prep ( Practice week)/
Saturday 20 (9-12 pm)	Live Zoom meeting : final discussion/ exam prep



<b>Week 11</b>	
	In – lab training to be arranged